



NYS Apples
NYS Potatoes
NYS Onions

June



2025 9-12



Lunch

Lew-Port High School



Monday	Tuesday	Wednesday	Thursday	Friday
2 Greek Chicken flatbread Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	3 8" fajita chicken w/peppers Onions, rice Baked Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Meatball submarine w/mozzarella Green Peas 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 Hamburger or cheeseburger On a bun NYS Potatoes 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	6 General Tso's chicken Over rice & roll 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Chicken fingers w/dipping sauce Celery Sticks 1/2c Carrot Sticks 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Nacho Grande w/meat, cheese, salsa & rice Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Chef's choice Cauliflower 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Chef's choice Mixed Veggies 1/2c Sliced Cucumber 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13  Hamburger or Cheese- burger on wg bun 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Milk-8oz **Stars & Stripes** Sidekick Frozen Fruit Punch
16 Chef's choice Chef's Choice 1/2c Chef's Choice 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17	18	19 Happy Juneteenth! 	20
23	24	25	26	27
30				

NYS LOCAL FOODS

*Upstate Farms

Milk, Yogurt, Sour Cream

Eden Valley Growers

Assorted Varieties of Apples

Eden Valley Growers

Assorted Fruits & Vegetables

used in Meal Program

highlighted in green

For Information for Summer Meals Please Visit

Www.Summer-

mealsny.Org Or Call 211

or 866-3-HUNGRY.

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly
Sandwich (2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily
with all School Lunches:

Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable –
may take up to 1 cup)

NY State 8oz 1% or Skim
White Milk
Fat Free Chocolate Milk

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,
please contact the food service office @
(716)286-7288

Student \$2.50
Adult \$5.99